

# Boronia West Primary School Newsletter—2023



## “Growing through learning”

### FROM THE PRINCIPAL

#### Mother's Day

We wish all our Mothers, Grandmothers, Aunties, Step Mums and Special people a wonderfully special day on Sunday. We hope you are all spoilt and have a great day.



#### Mother's and Special Person's Day Stall

A big thank you to Shari, our School Council President, and her team of helpers who are organising a Mother's and Special Person's Day Stall for our students.

#### Walk Safely to School Day

We will be participating in Walk Safely to School day on Friday 19th May. Staff will meet students at the Boronia Woolworths at 8.10am and walk together to school from there. Parents are welcome to join us on our walk.

#### School Photos

Photos can be ordered online, or via the payment envelop that was sent home. The payment envelop needs to be returned on or before the photo day

Have a wonderful, and hopefully warm weekend everyone!

*Penelope Harris*

EDITION 13

Acting Principal

Penelope Harris



### IMPORTANT DATES

#### TERM DATES

Term 2: Apr 24—Jun 23

School photos—24th May

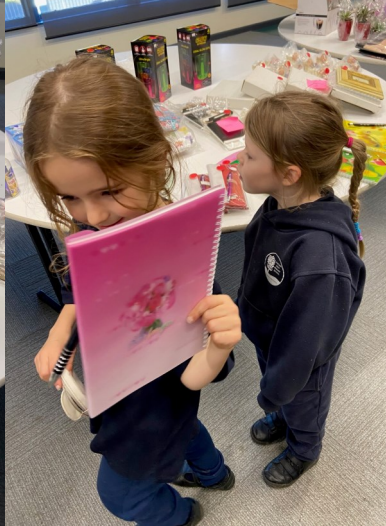
Term 3: Jul 10—Sep 15

Term 4: Oct 2—Dec 20





# Mother's Day/ Special Person's Stall







# From Eddie our Chaplain

## Mindsets

Mindsets are so powerful in how we live our daily lives, and simply adding a YET to a sentence can truly change our behaviour and how we perceive our circumstances.

For an example, "I never a score goals".

A growth mindset would say, "I haven't scored a goal yet".

"I can't make friends ". A growth mindset would say "I don't have many friends yet".

With a growth mindset, you are also less likely to personalize setbacks. For example, in the scenario above, you might reflect that the cause of your social difficulty had more to do with the environment at the event than a personal inability to socialise.

(Stanford University)

Thanks,

Eddie





# *Star Student Awards*

**PREP**

**Presley**

**GRADE**

**1**

**Grace**

**GRADE**

**2/3**

**Rohaam**

**GRADE**

**4/5/6**

**Cooper**



# *School Wide Positive Behaviour*



Students earned 2 leaves this week which is 200 acknowledgements of positive behaviour (in a short week).  
Congratulations everyone!





# Walk Safely to School



## WE'RE TAKING IT IN OUR STRIDE ON FRIDAY 19 MAY 2023

Well it's that time of year again when our school seriously starts talking about walking!

Walk Safely to School Day asks that we all consider our transport habits and try to incorporate more walking as part of a healthy, active way to get around. And although walking all the way to school isn't realistic for many of us, it's quite easy to figure out how you can build a walk into your family's daily routine.

You can teach your child the healthy habit of walking more by:

- Walking with them the whole way to school
- If they get the bus or train, walk past your usual stop and get on at the next stop
- If you have to drive, park the car a few blocks away from the school and walk the rest of the way.

Regular exercise like walking with your child not only helps them (and you!) beat chronic problems like obesity, heart disease, behavioural and mental health issues and diabetes. It also gives you a great opportunity to teach your child safe ways to behave around roads and traffic.

Remember, Active Kids are Healthy Kids so get planning your own Walk Safely to School Day journey for Friday 19 MAY 2023!

For more information, visit [www.walk.com.au](http://www.walk.com.au)





# Parent Payments

## PARENT PAYMENTS POLICY

### ONE PAGE OVERVIEW



#### FREE INSTRUCTION

- Schools provide students with free instruction and ensure students have free access to all items, activities and services that are used by the school to fulfil the requirements of the Curriculum. This includes the Victorian Curriculum F-10, the Victorian Certificate of Education (VCE) including the VCE Vocational Major and the Victorian Pathways Certificate.
- Schools may invite parents to make a financial contribution to support the school.



#### PARENT PAYMENT REQUESTS

Schools can request contributions from parents under three categories:

##### Curriculum Contributions

Voluntary financial contributions for curriculum items and activities which the school deems necessary for students to learn the Curriculum.

##### Other Contributions

Voluntary financial contributions for non-curriculum items and activities that relate to the school's functions and objectives.

##### Extra-Curricular Items and Activities

Items and activities that enhance or broaden the schooling experience of students and are above and beyond what the school provides for free to deliver the Curriculum. These are provided on a user-pays basis.

- Schools may also invite parents to supply or purchase educational items to use and own (e.g. textbooks, stationery, digital devices).



#### FINANCIAL HELP FOR FAMILIES

- Schools put in place financial hardship arrangements to support families who cannot pay for items or activities so that their child doesn't miss out.
- Schools have a nominated parent payment contact person(s) that parents can have a confidential discussion with regarding financial hardship arrangements.



#### SCHOOL PROCESSES

- Schools must obtain school council approval for their parent payment arrangements and publish all requests and communications for each year level on their school website for transparency.



## EVERY DAY COUNTS

### ATTENDANCE FACT SHEET FOR PRIMARY SCHOOL STUDENTS

- School is better when you're here

### DO I HAVE TO GO TO SCHOOL?

Yes, in Victoria everyone aged from 6 – 17 has to go to school.

Missing one day a fortnight is the same as missing 4 whole weeks of school a year.

From Foundation to Year 12 that adds up to 1.5 years of school!

School is better when you attend. Your friends and your teachers notice that you are away and wonder if you are OK.

### WHY IS IMPORTANT THAT I GO TO SCHOOL EVERY DAY?

Right now, being at school is the most important thing you need to do for your future. School helps you build good habits for later on in life. You might think school is just about Maths and English but you're also learning about how to work with other people and how to solve problems.

Being at school every day also means you are becoming more independent as a learner and interacting with your friends and teachers. If you are at school you can get help from your teachers and friends and won't have to try to learn things in your own time.

Being an adult probably seems far away but we know that young people who attend school more frequently have better outcomes after school too. This means they earn more money, have better job opportunities and are generally healthier. So being at school really does make a difference!

### DO MY PARENTS NEED TO LET THE SCHOOL KNOW IF I'M GOING TO BE AWAY?

Yes. Your parents need to notify the school of your absence as soon as they can within three days of your absence. If they know you are going to be away, they should try to tell the school before the day or days you are away.

If you're away from school too much and don't have a reasonable excuse like a serious illness, your parents might get a letter from the principal asking about why you're away.

### ARE THERE ANY GOOD REASONS TO BE AWAY FROM SCHOOL?

No. Unless you are so sick you can't get out of bed or there is an event like a funeral, you should be at school. Every day you are away is a day of classes and social connection you miss out on. Taking a day off for your birthday or go shopping isn't a good reason to miss school.

Even medical and health appointments should be made either before or after school or during the school holidays. This includes family holidays. Your parents are encouraged not to plan holidays during the term but to organise these during the school holidays.





## EVERY DAY COUNTS

If you do have to be away for some reason, your parents need to contact the school and let them know what's going on. Depending on the situation, the school might provide schoolwork for you to complete.

### ■ IF I'M NOT AT SCHOOL WHAT DO I MISS OUT ON?

You miss out on all the big stuff — class discussions and all the interaction that happens in a classroom, the chance to get help from teachers and the opportunity to practice skills and gain knowledge.

Being away means you might miss out on a lot of learning or that you need to catch up in your time.

If all of that isn't enough to convince you to be at school every day, being away also means you also miss out on playing with your friends. Being away from school a lot can be lonely. It has a big impact on relationships and social connections.

Believe it or not, everyone wants you at school and it really is better when you attend.

### ■ WHAT IF I'M HAVING PROBLEMS GETTING TO SCHOOL?

Getting to school on time every day can be about having a good routine.

If you find yourself running late or missing school because you're disorganised, try:

- → Asking your parents for help getting ready
- → Having a set time to go to bed
- → Leaving all technology out of your bedroom
- → Packing your school bag the night before with everything you need
- → Having a set time for breakfast
- → Planning to meet up with a friend so you can travel to school together.

Sometimes, though it can just be hard to go to school.

You might feel overwhelmed by the work or things might be tough with your friends. Maybe you don't feel safe at school or you really dislike a teacher or things at home aren't great. Perhaps you're feeling down or anxious and don't even really know why.

Whatever the situation is, staying away from school isn't the answer. Many people want to help you. Try talking to:

- → Your parents or another adult family member
- → A trusted teacher
- → Wellbeing Coordinator or the school counsellor
- → Another trusted adult like your coach

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#### ■ USEFUL WEB SITE/CONTACTS¶

Kids Matter — [www.kidsmatter.edu.au](http://www.kidsmatter.edu.au)¶

Youth Beyond Blue —  
[www.youthbeyondblue.com.au](http://www.youthbeyondblue.com.au)¶

Headspace — [www.headspace.org.au](http://www.headspace.org.au) —  
or e-headspace —  
[www.eheadspace.org.au](http://www.eheadspace.org.au) — for online  
counselling & support ¶

Reach Out — [www.reachout.com](http://www.reachout.com)¶

Kids helpline — 1800 55 1800 24 hours  
a day, 7 days a week or [web  
counselling](http://www.kidshelpline.com.au)¶



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